



# OVERLAKE REPRODUCTIVE HEALTH

## DONOR INTAKE / REGISTRATION FORM

PLEASE PRINT

### **CONTACT INFORMATION:**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_  
 DRIVER'S LICENSE # \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 HOME PHONE: (\_\_\_\_) \_\_\_\_\_ CELL PHONE: (\_\_\_\_) \_\_\_\_\_  
 EMAIL: \_\_\_\_\_  
 CURRENT EMPLOYER: \_\_\_\_\_ JOB TITLE: \_\_\_\_\_  
 OCCUPATION: \_\_\_\_\_ WORK PHONE: (\_\_\_\_) \_\_\_\_\_

### **PERSONAL HEATH INFORMATION:**

PRIMARY CARE PHYSICIAN: \_\_\_\_\_ OBGYN PHYSICIAN: \_\_\_\_\_  
 DATE OF LAST PHYSICAL: \_\_\_\_\_ RESULTS: \_\_\_\_\_  
 DATE OF LAST PAP SMEAR: \_\_\_\_\_ RESULTS: \_\_\_\_\_  
 ARE YOU ON BIRTH CONTROL? \_\_\_\_\_ IF YES, CHECK WHICH APPLIES

- CONTRACEPTIVE INJECTION (DEPO-PROVERA) (IF YES, DATE OF LAST INJECTION \_\_\_\_\_ )  
 ORAL PILL  NUVA RING  CONTRACEPTIVE IMPLANT (NORPLANT)  IUD

(PLEASE NOTE THAT IF YOU ARE CHOSEN TO BECOME A DONOR IT WILL BE YOUR RESPONSIBILITY TO HAVE IUD REPLACED )

DO YOU HAVE REGULAR PERIODS? \_\_\_\_\_  
 IF NO, INDICATE HOW MANY DAYS BETWEEN PERIODS: \_\_\_\_\_  
 HAVE YOU EVER BEEN PREGNANT? \_\_\_\_\_  
 IF YES, # LIVE BIRTHS: \_\_\_\_\_  
 HAVE YOU EVER BEEN A DONOR BEFORE? \_\_\_\_\_ # OF CYCLES: \_\_\_\_\_  
 IF YES, PLEASE INDICATE CLINIC INFORMATION: \_\_\_\_\_

(PLEASE SIGN RECORDS RELEASE FORM SO WE MAY OBTAIN YOUR LAST CYCLE// CLINICAL INFORMATION)

DRUG ALLERIGES? \_\_\_\_\_ LATEX / FOOD ALLERGIES? \_\_\_\_\_

### **EMERGENCY INFORMATION:** Person to contact in case of emergency, not living at the above address.

NAME: \_\_\_\_\_  
 RELATIONSHIP TO YOU: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 PHONE: (\_\_\_\_) \_\_\_\_\_

BY SIGNING BELOW I AM STATING THAT THE ABOVE INFORMATION IS CORRECT TO MY KNOWLEDGE AND IT IS MY RESPONISABILITY TO KEEP OVERLAKE REPRODUCTIVE HEALTH WITH MY CURRENT CONTACT INFORMATION. I ACKNOWLEDGE THAT WITHOUT CURRENT INFORMATION I MAY NOT BE CONTACTED AND THEREFORE MAY NOT BE CHOSEN BY A POTENTIAL RECIEPENT.

DONOR SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Dates Reviewed & Updated: \_\_\_\_\_

Donor # (clinic use only)



# Overlake Reproductive Health

**ETHNICITY:** Your ethnic origin/where your ancestors are originally from. Be specific (such as French, Chinese, Ashkenzi Jewish, Scottish, Asian Indian, Persian **NOTE: "White" or "Caucasian" is NOT specific enough**

What is your ethnicity:

What is the ethnicity of your mother?  Your father?

Are you of Caucasian ancestry?

If yes, have you been tested as a carrier of Cystic Fibrosis?  if tested, the results:

Are you of French Canadian ancestry?

If yes, have you been tested for Tay Sachs disease?  If tested, the results:

Are you of Jewish Ancestry?

If yes (info at [www.jewishgeneticscenter.org/what/](http://www.jewishgeneticscenter.org/what/)), have you been tested as a carrier of the following:

Bloom Syndrome?  Dysautonomia ?  Canavan's disease?

Fanconi Anemia?  Gaucher's disease?  Tay Sachs disease?

Nieman-Pick?

Are you of Black Ancestry?  If yes, have you been tested for Sickle Cell disease?

Results:

Are you of Mediterranean (Greek or Italian) ancestry?

Are you of Caribbean, Mexican, or Central American ancestry?

Are you of Middle Eastern ancestry?  Are you of Asian ancestry?

If yes to any of the above 4 questions, have you been tested as a carrier of Thalassemia?

Results:

## PERSONAL CHARACTERISTICS

Height  Weight (lbs)  Eye color  Hair color

Hair type  Skin color

Body type/bone structure  Religion born into:

Education (check one)  Completed grade school  Completed high school or equivalent

Currently pursuing a degree, please list

Completed college degrees, please list

Have you ever been convicted of a felony?

If yes, list all convictions, sentences:

Were you born with any type of birth defect or condition requiring surgery in the first five years of life?

Do you wear glasses?  How is your vision without glasses?

Estimate your vision without glasses 20/  What type of vision problems do you have

How many fillings do you have?

Do you have any crowns, bridges, other extensive dental work?

If yes, please describe

Do you have any hearing loss?  If yes, please describe

Donor # (clinic use only)

In the past six months, have you been exposed to any of the following in your living environment or while involved in hobbies or extra-curricular activities?

Exposure	When	How Often
<input type="checkbox"/> Toxic chemicals		
<input type="checkbox"/> Lawn/Garden Sprays		
<input type="checkbox"/> Fumes/exhaust		
<input type="checkbox"/> Flea powders/sprays		
<input type="checkbox"/> Asbestos		

## I. FERTILITY HISTORY:

### A-1 FEMALE: (Menstrual and Pregnancy History)

Have you ever been told you are infertile?

Do you use birth control?

Total # of pregnancies:

Please list all pregnancies (include all miscarriages, abortions, tubals, etc)

Date Pregnancy Ended or Delivered	Length of Pregnancy	How long to conceive	Result	Infertility Therapy?
1. <input type="text"/>	<input type="text"/> Wks	<input type="text"/>	<input type="text"/>	<input type="text"/>
2. <input type="text"/>	<input type="text"/> Wks	<input type="text"/>	<input type="text"/>	<input type="text"/>
3. <input type="text"/>	<input type="text"/> Wks	<input type="text"/>	<input type="text"/>	<input type="text"/>
4. <input type="text"/>	<input type="text"/> Wks	<input type="text"/>	<input type="text"/>	<input type="text"/>

Were there any complications or problems during, including high blood pressure, preeclampsia, intrauterine growth retardation, or gestational diabetes?

Explain: 1.   
 2.   
 3.

Did you require any of the following procedures? if yes please indicate in the box which pregnancies:

C-section  Surgery   
 Blood transfusion  Antibiotics   
 D & C  Other

Explain: 1.   
 2.   
 3.

Age when you first noticed: Breast development  years old Pubic hair  years old Underarm hair:  years old

Age at first period:  years old. Date of the first day of your last period

If your menstrual cycles are regular, what is the usual number of days from the first day of one period to the first day of the next

How many days does your menstrual flow last?  Do you consider your menstrual flow abnormal?

If yes, how?

Do you have severe cramping or pelvic pain with your periods?

Do you have pelvic pain between periods? (If it is a significant problem, please complete pelvic pain questionnaire)

Do you need medication to bring on a period?  Do you spot or bleed between periods?

Do you have premenstrual symptoms other than cramps?  Do you have pain with intercourse?

Donor # (clinic use only)

Are your periods now, or have they ever been irregular or unpredictable?

- If yes:
1. When
  2. Average # of periods in a year
  3. Shortest time in between periods
  4. Longest time spent without menstruating

Do you have acne or oily skin?  Do you have a breast discharge?

Are you currently breast feeding?

Do you have extra body hair?  If yes, where?

What has been your maximum weight?  When?

What has been your minimum adult weight?  When?

Have you ever had a sudden weight change?  If yes, when?

Do you feel that you are underweight?  Do you feel that you are overweight?

How many meals do you usually eat per day?

Do you follow a particular food diet or have any special dietary habits?

Have you ever been diagnosed with an eating disorder, such as anorexia or bulimia?

Have you ever used self-induced vomiting to control overeating?

Do you regularly participate in any vigorous exercise?

What:  Number of hours a week  Number of miles a week

### Contraceptive History

What kind of contraceptives have you used, if any?

- IUD (ParaGard®, Mirena)   
 Pills   
 Condoms   
 Nuvaring®   
 Patch (Ortho Evra®)  
 Contraceptive Implants (Norplant)   
 Injectable contraception (Depo-Provera(, Lunelle(, etc)  
 Other    
 None

Please list contraceptives that you have used in the past, starting with what you currently use

Current contraceptive: Name  From

Prior contraceptives: Name  From  To

Name  From  To

Name  From  To

Have you or your doctor ever noted any problems with your contraceptive use?

Explain

Have you ever stopped using a contraceptive because of a problem?

Explain

Were there any problems with your cycles after stopping the contraceptive use?

Explain

If you have ever used an IUD, did you note any problems?  If yes, what were they?

Was it removed because of a problem?  Explain:

Have you had tubal sterilization procedure (tubes tied)?  If yes, when?

Donor # (clinic use only)

If yes, have you had a tubal reversal (tubes untied)?  when?

If you have ever used an IUD, did you note any problems?  If yes, what were they?

Was it removed because of a problem?  Explain:

Have you had tubal sterilization procedure (tubes tied)?  If yes, when?

If yes, have you had a tubal reversal (tubes untied)?  when?

**A-3 FEMALE: (Uterine, Tubal, Pelvic)**

Please mark if, and when, you have/had any of the following sexually transmitted diseases or pelvic infections?

- Chlamydia Date   Gonorrhea Date   HIV/AIDS Date
- Syphilis Date   Hepatitis Date

Have you had your appendix removed?  Why?

Did your mother take any hormones when she was pregnant with you?

Have you ever had a D&C for an abortion, to end a miscarriage, following childbirth, or for abnormal bleeding?

Explain:

Have you ever had any of the following? If no, skip to the next question.

Procedure	Dates	Results
Laparoscopy:	<input type="text"/>	<input type="text"/>
Tubal Surgery:	<input type="text"/>	<input type="text"/>
Other Pelvic Surgery:	<input type="text"/>	<input type="text"/>
Abdominal Surgery:	<input type="text"/>	<input type="text"/>

Have you ever been noted to have or been treated for endometriosis?

Current Treatment:

Prior Treatment:

Have you ever taken any of the following medications to induce ovulation or normalize your cycle? (mark)

- Clomid  Seropohene  Parlodel  Follistim  HCG
- Letrozole  Progesterone  Bravelle  Gonal-F  GNRH
- Prednisone  Lupron  Other

Dates	Medication	Dose	Results	Comments
<input type="text"/>				
<input type="text"/>				
<input type="text"/>				
<input type="text"/>				

**III. FEMALE MEDICAL HISTORY:**

Do you have or have you ever had (circle all that apply):

- Rheumatic fever  Gallbladder problems  Seizures  Neurological problems
- Scarlet fever  High blood pressure  Epilepsy  Appendicitis
- Tuberculosis  Liver problems  Dizziness  Loss of balance
- Hepatitis  Chronic headaches  Ulcers  Vaginitis
- Pelvic infection  Colitis  Breast problems  Pneumonia

Donor # (clinic use only)

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Heart murmur     | <input type="checkbox"/> Kidney infection | <input type="checkbox"/> Parasites     | <input type="checkbox"/> Breast discharge |
| <input type="checkbox"/> Chicken pox      | <input type="checkbox"/> Anemia           | <input type="checkbox"/> Ovarian cysts | <input type="checkbox"/> Heart disease    |
| <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Cancer        | <input type="checkbox"/> Breast lump      |
| <input type="checkbox"/> Other            | <input type="text"/>                      |  |   |

Comments

**Pap Smear History**

When was your last pap smear? (month/year) /  Result

When was your last abnormal pap smear? /   Not applicable

Have you undergone any procedures as a result of an abnormal pap smear?

If yes, what procedure?

**Breast Screening History**

Have you ever had a mammogram?  If yes, when /

Result:  Normal  Abnormal - Explain

Have you ever undergone surgery?

Date	Type	Hospital
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Were there complications?  Were there anesthesia problems?

Were there bleeding problems?

Comments:

Are you allergic to any medication, drugs, foods, metals, other?

Have you ever had therapy with a mental health professional?

If yes, when and why?

Have you ever been hospitalized for psychiatric reasons?

If yes, when and what were the circumstances?

Have you ever been hospitalized for reasons other than those already described?

If yes, when and for what reason?

Do you regularly take medications?

- Over the counter (list)
- Prescriptions (list)
- Currently taking (list)

Donor # (clinic use only)

Do you use or have you ever used:

1. Alcohol  # of glasses per week Beer  Cocktails  Wine   
2. Cigarettes, presently  Prior use  # packs per day  # of years   
3. Illicit or recreational drugs (specify)

#### IV. REVIEW OF SYSTEMS:

##### General:

- Recent weight gain or loss  
 Anorexia/Bulimia  
 Lack of energy  
 Fever/chills  
 Other   
 None

##### Endocrine/Hormonal:

- Thyroid gland problems  
 Rapid weight gain or loss  
 Excessive hunger/thirst  
 Temperature intolerance-  
hot flashes or feeling cold  
 Diabetes  Hair loss  
 Other   
 None

##### Gastrointestinal:

- Nausea/Vomiting  Ulcers  
 Hepatitis  Diarrhea  
 Blood in your stools  
 Change in bowel habits  
 Colitis (ulcerative or Crohn's)  
 Constipation  
 Irritable Bowel Syndrome  
 Other   
 None

##### Mental Health Problems:

- Depression  Anxiety disorder  
 Schizophrenia  Other

##### Head, Eyes, Ears, Nose and Throat:

- Dizziness  Chronic nasal congestion  
 Headaches  Loss of sense of smell  
 Blurred Vision  
 Ringing ears  
 Hearing loss/deafness  
 Other   
 None

##### Breasts:

- Discharge clear?  bloody?  milky?  
 Lumps  Reduction  
 Abnormal mammogram  
 Augmentation/Breast implants  
 Saline?  Silicon?  
 Pain  Cancer  
 Other   
 None

##### Genito-Urinary:

- Bladder infections  
 Kidney infections  
 Vaginal infections  
 Frequent urination  
 Blood in the urine  
 Leaking urine  
 Herpes  
 Other   
 None

##### Respiratory:

- Shortness of breath  
 Asthma  Bronchitis  
 Pneumonia  
 Bloody cough  
 Tuberculosis  
 Other   
 None

##### Neurological Problems:

- Weakness/Loss of balance  
 Numbness  Memory loss  
 Headaches  
 Migraine headaches  
 Seizures/Epilepsy  
 Other   
 None

##### Skin/Extremities

- Unexplained rash/inflammation  
 Acne  
 Skin Cancer  
 Burn injury  
 Moles changing in appearance  
 Excess hair growth  
 None  
 Other

Donor # (clinic use only)

**Cardiovascular**

- Palpitations/Skipped beats
- Chest pain       Stroke
- Heart attack
- Murmurs
- High blood pressure
- Rheumatic fever
- Mitral valve prolapse  
Need antibiotics before dental procedures?

**Hematologic**

- Blood clotting disorder/Blood clot
- Sickle cell anemia
- Easy bruising
- Swollen glands/lymph nodes
- Blood transfusions (dates and reasons)  
\_\_\_\_\_
- Thrombophlebitis
- Other \_\_\_\_\_
- None

**Musculoskeletal:**

- Unusual muscle weakness
- Decreased energy/stamina
- Rheumatoid arthritis
- Lupus Erythematosus
- Myasthenia gravis
- Other \_\_\_\_\_
- None

**B-1 FEMALE FAMILY HISTORY:**

Relative	Alive/Dead	Age
Mother	_____	_____
Father	_____	_____
Sisters/Brothers:		
1. S / B	_____	_____
2. S / B	_____	_____
3. S / B	_____	_____
4. S / B	_____	_____

Please describe the appearance of your family members:

Family Member	Eye Color	Hair Color (before turning gray)	Complexion (light, medium, dark)	Height	Body type (small, medium, large)	Vision (poor, fair, good, excellent)
Mother						
Father						
Sibling 1						
Sibling 2						
Sibling 3						
Sibling 4						
MGM						
MGF						
PGM						
PGF						

M = maternal GM = grandmother P = paternal GF = grandfather

Comments

Donor # (clinic use only) \_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

Carefully review the following list of medical problems and identify any which are present in the listed family members. (please mark only if the family member has/had the condition)

	You	Mother	Father	Sibling	MGM/MGF PGM/PGF	Aunt/ Uncle	Cousin
<b>HEART</b>							
Stroke	<input type="checkbox"/>						
heart attack	<input type="checkbox"/>						
heart disease	<input type="checkbox"/>						
1. from birth	<input type="checkbox"/>						
2. other	<input type="checkbox"/>						
hardening of the arteries	<input type="checkbox"/>						
high blood pressure	<input type="checkbox"/>						
high cholesterol level	<input type="checkbox"/>						
<b>BLOOD</b>							
anemia	<input type="checkbox"/>						
sickle-cell anemia	<input type="checkbox"/>						
hemophilia or other bleeding disorder	<input type="checkbox"/>						
leukemia	<input type="checkbox"/>						
HIV virus	<input type="checkbox"/>						
lymphoma	<input type="checkbox"/>						
other blood disorder	<input type="checkbox"/>						
<b>RESPIRATORY</b>							
hay fever/ environmental allergy	<input type="checkbox"/>						
asthma	<input type="checkbox"/>						
emphysema	<input type="checkbox"/>						
tuberculosis	<input type="checkbox"/>						
Lung cancer	<input type="checkbox"/>						
pneumonia	<input type="checkbox"/>						
other lung disease	<input type="checkbox"/>						
<b>GASTRO-INTESTINAL</b>							
Ulcer of stomach or duodenum	<input type="checkbox"/>						
gall stones	<input type="checkbox"/>						
hepatitis A (infectious)	<input type="checkbox"/>						
hepatitis B (serum)	<input type="checkbox"/>						
cirrhosis	<input type="checkbox"/>						
other liver disease	<input type="checkbox"/>						

Donor # (clinic use only)

	You	Mother	Father	Sibling	MGM/MGF PGM/PGF	Aunt/ Uncle	Cousin
colon cancer	<input type="checkbox"/>						
ulcerative colitis	<input type="checkbox"/>						
Crohn's disease	<input type="checkbox"/>						
cystic fibrosis	<input type="checkbox"/>						
intestinal cancer	<input type="checkbox"/>						
Rectal disorder	<input type="checkbox"/>						
pyloric stenosis	<input type="checkbox"/>						
developmental disorders of the stomach and intestine	<input type="checkbox"/>						
any other cancer/problem of the digestive system	<input type="checkbox"/>						
<b>METABOLIC/ENDOCRINE</b>							
diabetes mellitus	<input type="checkbox"/>						
hypoglycemia	<input type="checkbox"/>						
thyroid cancer	<input type="checkbox"/>						
thyroid disease	<input type="checkbox"/>						
goiter	<input type="checkbox"/>						
hyperactivity	<input type="checkbox"/>						
adrenal dysfunction or disorder	<input type="checkbox"/>						
<b>URINARY</b>							
kidney disease	<input type="checkbox"/>						
other disease of the urinary tract (urethra, bladder, ureter)	<input type="checkbox"/>						
<b>GENITAL/REPRODUCTIVE</b>							
undescended testicle	<input type="checkbox"/>						
ovarian cysts	<input type="checkbox"/>						
hypospadias	<input type="checkbox"/>						
prostate cancer	<input type="checkbox"/>						
testicular cancer	<input type="checkbox"/>						
uterine fibroids	<input type="checkbox"/>						
hermaphroditism/ambiguous genitals	<input type="checkbox"/>						
cancer of cervix, ovaries, or uterus	<input type="checkbox"/>						
<b>REPRODUCTIVE OUTCOMES</b>							
2 or more miscarriages	<input type="checkbox"/>						
stillborn	<input type="checkbox"/>						

Donor # (clinic use only)

	You	Mother	Father	Sibling	MGM/MGF PGM/PGF	Aunt/ Uncle	Cousin
death of a newborn infant	<input type="checkbox"/>						
neonatal jaundice	<input type="checkbox"/>						
<b>NEUROLOGICAL</b>							
migraines	<input type="checkbox"/>						
mental retardation	<input type="checkbox"/>						
Down's syndrome	<input type="checkbox"/>						
senility before age 50	<input type="checkbox"/>						
Multiple Sclerosis	<input type="checkbox"/>						
Cerebral Palsy	<input type="checkbox"/>						
epilepsy/seizures	<input type="checkbox"/>						
hydrocephalus	<input type="checkbox"/>						
spina bifida/neural tube defect	<input type="checkbox"/>						
Huntington's disease	<input type="checkbox"/>						
Gaucher's disease	<input type="checkbox"/>						
Wilson's disease	<input type="checkbox"/>						
Parkinson's disease	<input type="checkbox"/>						
paraplegia	<input type="checkbox"/>						
Tourette's Syndrome	<input type="checkbox"/>						
scoliosis	<input type="checkbox"/>						
other diseases of the nervous system	<input type="checkbox"/>						
<b>MENTAL HEALTH</b>							
schizophrenia	<input type="checkbox"/>						
manic depressive or bipolar disorder	<input type="checkbox"/>						
other mental health disorder requiring hospitalization	<input type="checkbox"/>						
<b>MUSCLE/BONE/JOINTS</b>							
muscular dystrophy	<input type="checkbox"/>						
other chronic muscle disease	<input type="checkbox"/>						
loss of muscle coordination	<input type="checkbox"/>						
lupus	<input type="checkbox"/>						
osteoporosis	<input type="checkbox"/>						
dwarfism	<input type="checkbox"/>						
arthritis	<input type="checkbox"/>						
gout	<input type="checkbox"/>						

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Explain:

Do any hereditary diseases or abnormal conditions run in your family (including breast, bowel, or ovarian cancer)?

### V. MOTIVATIONAL

*This information is used to help the prospective donor egg recipients know a little about who they are choosing so please fill out this section as completely as possible. if more space is required you may also answer the following questions in a separate word document and send it jesse@fertileweb.com*

Describe your personality and character:

What are your hobbies, interests, talents?

What are your dislikes and/or things that frustrate you?

What are your favorite foods?

What kind of music do you like?

Did you play any instruments in school or currently?

Did you play any sports in school?

What is your favorite color?

What is your favorite magazine?

Did you have any pets growing up, or currently?

What is your favorite book?

Do you consider yourself outgoing?

What is your favorite movie?

What is your favorite tv show?

What was your favorite subject in school?

What was your high school GPA?

What was your SAT scores?

What is your dream job?

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Did your Father go to college?

Current career?

Did your Mother go to college?

Current career?

Where do you see yourself in 5 years? 10 years?

What is your favorite childhood memory?

If you were to be cast as a lead role in a film what would your character be like?

What places have you traveled, or places you would like to go, and why?

What is one thing you would change about yourself and why?

If you could pass on a message to the recipient(s) of your gametes, what would it be?

Why do you want to be a donor?

How did you hear about the donor program at Overlake Reproductive Health?

I agree to be an anonymous donor

Donor # (clinic use only)

## Appendix I. Genetic Counseling

Once chosen by a recipient couple, you will be contacted by a certified genetic counselor to review your family health history as part of the donor application process. This will be done by phone or in person, and usually take 30-40 minutes. *If any issues are identified that increase the risk of birth defects or health problems in you or your children, you will be informed and invited to meet with the genetic counselor for formal genetic counseling.*

Especially with anonymous donations, this will be the only history given to the recipient(s). Therefore, prior to the consultation, we ask that you obtain as much information, in as much detail, about your family as possible. **For the purposes of this consultation, your “family” includes:** your parents, your children, your brothers and sisters (both half and whole), your nieces and nephews (on BOTH your mother and your father's side), your

grandparents, your aunts and uncles, and your cousins. *Names will NOT be included, to preserve your confidentiality.*

Here are some examples of the types of things that you need to know about your family prior to your consultation:

- ü Your ethnic origin/where your ancestors are originally from (such as French, Chinese, Ashkenzi Jewish, Scottish, Asian Indian, Persian). **NOTE: “White” or “Caucasian” is NOT specific enough**
- ü Age at time of death (ideally, date of birth and date of death)
- ü Cause of death (often death certificates are helpful, see [www.vitalcheck.com](http://www.vitalcheck.com) for help with this).
- ü Birth defects (such as spina bifida, heart defects, cleft lip or cleft palate, Down Syndrome, undescended testicle)
- ü Blindness or deafness, in one eye or both, age of diagnosis, getting worse or not
- ü Mental retardation, specific cause if known, how diagnosed, level of function
- ü Difficulty conceiving, miscarriages, stillbirths, children dying before age five
- ü High blood pressure, high cholesterol, whether medication is needed or not
- ü Strokes, heart attacks, and the ages at which these occurred
- ü Known genetic conditions running in your family (such as sickle cell, cystic fibrosis, NF, Huntington's Disease)
- ü Chronic health conditions (such as asthma, hepatitis, Chron's disease, irritable bowel syndrome, multiple sclerosis [MS])
- ü Diabetes, whether controlled by diet, pills, or insulin shots, and age at diagnosis
- ü Breast cancer, age at diagnosis, whether one breast or both, how treated, any recurrence
- ü Ovarian cancer, age at diagnosis, how treated, any recurrence
- ü Colon cancer, age at diagnosis, any polyps, how treated, any recurrence
- ü Other cancer, age at diagnosis, how treated
- ü Mental illness, specific diagnosis, whether medications taken
- ü Alcoholism, drug abuse, whether and how treated

If you have already had any type of genetic testing done (such as being screened for sickle cell trait or Tay-Sachs disease), please obtain copies of those test results for our file. If you need help with this, please tell the ovum donor program coordinator. Additionally, please obtain and submit all relevant medical records (i.e. from your OB-Gyn office). We will need to review these with you at your first appointment.

Please complete as much of the family history portion as you can prior to your initial interview appointment. This will be needed when you are selected by a recipient couple and proceed into the genetic screening portion of the application process.